Sophomore Cohort
Year 1

Goals and Objectives
1. Encourage Group Cohesion
2. Engage with Mentor
3. Receive leadership training in preparation for service project

Community Building
- It’s important to build group cohesion to create a community among the students from diverse backgrounds, majors, and ideas. This community will enhance the program by creating a space to feel safe and to be yourself.

Women in Leadership
- Hear from leaders and learn about the challenges and successes of women in business, politics, academia. Learn about women leaders around the world by discussing local, national and worldwide current events that illustrates women in strong empowering positions.

Community Service Group Project
- Every student will plan and/or participate in a community service project of their choice. As a group or individually, students will explore their passions by learning more about their community and putting service to work.

Mentorship
- Each student will be assigned at least one mentor. The assignments will be made with input from the student on their preference of mentor (community or academic).

Future Plans
- Students will begin thinking about what they want to do after graduation and how INSPIRE can help them achieve these career and/or academic goals