Turban
A ready-made Sikh turban meant to cover the head and hair. As part of the 5 k’s mentioned above, Sikhs are not supposed to alter or cut their kesh (hair) to make them more visible in the general population. It serves as an indication of commitment to the Sikh Gurus and duties. Two CD compilations of religious devotional Sikh songs. Most of the songs are recorded during the religious sessions in the Gurudwara.

CD of Devotional Songs
Two CD compilations of religious devotional Sikh songs. Most of the songs are recorded during the religious sessions in the Gurudwara (i.e. Sikh place of worship).

Picture Frame of Gurus
A stand-up picture frame of all the ten Sikh Gurus starting with the founder of the religion – Guru Nanak (top left) all the way to the last Guru – Guru Gobind Singh (bottom right).
Kara
*Kara,* a steel bangle worn by Sikhs on the right wrist is part of the 5 K’s established by Guru Gobind Singh representing the circle of life and keep in mind that every action done should be pure and towards the good of the community in this lifetime.

Kangha
*Kangha,* a wooden comb, is usually made of wood. This symbolism is to keep the hair clean and controlled spirituality.

Kirpan
*Kirpan,* ceremonial steel sword worn across the upper part of the body, is used to protect those in the community against physical injustice. It signifies courage in defense of right.
Kashera/Kachh
*Kashera/Kachh* are long shorts that are worn customarily by men to symbolize. It is also a sign of a soldier who is always ready to fight in a war.

Saffron Hat
A saffron colored hat worn by Sikhs in the Gurudwaras or special occasions. The symbol used in black is called the khanda, which is a mark of someone who follows the khalsa. It comprises of 2 swords, a double-edged sword in the middle along with a circle. It is a symbol that is used widely on Sikh flags, turbans, clothing, and banners and sometimes even as car bumper stickers. It represents the Sikh martial history.

Sikhism: A Very Short Introduction
*A Very Short Introduction* by Eleanor Nesbitt
A short book guide on Sikh history, beliefs, and ideology. The author, Eleanor Nesbitt highlights the key threads in the fascinating history, from the Gurus and the development of the Sikh appearance, to martyrdom and militarization in the 17th and 18th centuries, and the diaspora. She also examines the recent proliferation of Sikh lifestyles in today's news and entertainment media. This book is an essential guide to increasing understanding of the Sikh religion and culture.